

Testimonial

"BodyMAX provides excellent treatment for our patients. They appreciate the care and attention they are given."

John Roberts, M.D.

[Click here](#) to see if we are in network with your insurance provider.

BodyMAX - the name says it all.

It's more than just physical therapy, because we do more than just rehabilitate injuries. Treatment is based on a partnership - between you and your therapist. Between leading-edge technology and traditional, hands-on care.

We maximize your body's ability to heal, move and do all the things you need to. In short, we maximize your quality of life. Everyone at BodyMAX is friendly, warm and easy to talk to - from the helpful office staff to the knowledgeable therapists. You will be treated by the same therapist throughout your course of treatment, which maximizes clear communication - and the success of your recovery.

No wonder so many doctors refer their patients to BodyMAX. No wonder they send their families and friends, as well. Whether you need intensive rehabilitation after an auto accident or illness, or quick recovery from a strain, you'll find maximum treatment here.

Maximum recovery - right from the start.

Our treatment goes beyond the scope of your specific injury. We work to achieve your goals - whether it's returning to your job, getting back on the playing field, or simply taking a family bike ride without pain. Armed with this knowledge and a customized rehabilitation plan, we work with

you every step of the way. It's this combination of clinical expertise and personalized care that achieves such great results for our patients.

Maximum experience and training.

AtBodyMAX, you get powerful rehabilitation backed by over 60 years of combined experience. Plus, our team of therapists has specialized training in sports medicine, spinal conditions, work hardening, and orthopedic care. Some have taught physical therapy at the university level, and others have held positions in a variety of physical therapy settings, including hospitals and outpatient clinics. There is no substitute for this kind of experience.

Maximum care for every condition.

We are known for our successful treatments of spinal injuries - the result of extensive training that boosted recovery rates by 70%! Building on this success, our team of therapists have achieved great results for many other conditions - from neck strains to foot injuries. You'll find maximum treatment for:

- Back & neck pain
- Sports injuries
- Spinal conditions
- Acute & chronic tendonitis
- On-the-job injuries/Worker's Comp.
- Auto accident injuries
- Carpal tunnel syndrome
- Shoulder & arm pain
- Hip, knee & ankle pain
- Arthritis
- Leg pain/sciatica
- TMJ pain & dysfunction
- Postsurgical rehabilitation
- Headaches

Our treatments go far beyond heat and ice packs. We start with hands-on care to establish correct posture and body mechanics, and combine it with state-of-the-art modalities.

We also work hard to get you back to work quickly and safely after an on-the-job injury. And because pain doesn't wait for a convenient time, we can usually see you with 24 hours of your call. Plus we offer early morning, lunchtime and evening appointments.

There's Physical Therapy and there's BodyMAX Physical Therapy.